

Our Services

Free Pregnancy Tests
 Earn While You Learn
 Education Program
 Next Step Boutique
 Post-Abortion Healing
 Groups
 Memorial Garden
 First Step: Life Skills &
 Risk Avoidance Program

We Are Open

Tues - Wed - Thurs
 11:00 - 5:00 pm
 Walk-ins Welcome!

Contact Us

Address:
 902 D Avenue,
 La Grande, OR 97850

Office Phone:
 (541) 963-6918

24-Hour Hotline:
 1(800) 712-4357

Email:
 nextsteppic@outlook.com

Website:
 NextStepPRC.org

Directors

Vonda Billman
 Kylee Torrico
 Amber Jackson

NextSTEP

Pregnancy and Relationship Center

we'll walk with you

Launching First Step

Next Steps PRC's New Youth Program



First Step - Next Step's brand new relationship education and risk avoidance program - has completed its maiden voyage in the Cove School District. First Step is a diverse program allowing individuals trained in Sexual Risk Avoidance (SRA) to teach students from 4th grade through college age in group or one-on-one settings. The curriculum covers everything from healthy friendships to puberty and sexual health. Due to the broad range of topics, the program can be tailored to fit the group or individual's exact needs.

In Cove, each grade focused on different topics. The 8th grade class focused on learning the value of themselves instead of relying on other's opinions, healthy vs. toxic relationships, communication skills, conflict resolution, and puberty science. The 9th grade class focused on goal setting, decision making, avoiding risks, love vs. infatuation, and the emotional consequences of sex. The 11th grade class focused entirely on sexual health, promoting abstinence.

We are excited to see how First Step will grow in this community as we continue to build relationships with youth and focus on prevention. If you are interested in learning more about First Step for use in your classroom, group, or other setting, please call our office at (541) 963-6918.

A Cord of Three Strands

A special welcome to Amber Jackson

Next Step PRC is proud to introduce Amber Jackson as the Director of Client Services, our third and final part-time director position. The Director of Client Services is responsible for maintaining and updating the EWYL curriculum, client paperwork, organizing the client advocate and volunteer schedules, and running volunteer meetings - among a myriad of other things. Amber has been a volunteer at Next Step and we are excited to welcome her to the director team. The three-director team is based off of Ecclesiastes 4:12: a cord of three strands is not easily broken. While each director has specific responsibilities, all work together as a team with the board to ensure Next Step is meeting the needs of our clients and community. Stop by and say "hi" sometime!

Next Step Team

Client Advocates
 Receptionists
 Post Abortion Healing Team
 Donation Partners
 Donation Care Team
 Property Care Team
 Next Step Board
 Next Step Directors

Next Step Board

Steve DeVore:
 Chairman
 Laura Pearson:
 Treasurer
 Vicki Grove: Secretary
 Vonda Billman:
 Director
 Anne Johnson:
 Member
 Irwin Smutz: Member
 Tim Gleeson: Member

Our Purpose

Next Step PRC exists to encourage and equip women and men to build successful families.

We are a religious non-profit and as such all your contributions, financial or material, are tax-deductible.

If you want to donate online and/or become a monthly supporter, go to nextstepPRC.org and click on "Support Us." We are also registered on Amazon Smile.

Like our new look?

From pregnancy to relationships...

Next Step has grown exponentially in the last few years. It became apparent as our services grew that a name change was in order. We no longer just see pregnant clients... we assist a much broader client base including couples, single moms or dads, grandparents, parents with toddlers, high school and college students, and individuals wanting information on topics such as fertility, sexual health, and contraception. After months of consideration, the board decided to update the logo and tagline colors* and change our name to Next Step Pregnancy and Relationship Center, or Next Step PRC. Why did we add the "relationship" aspect? Relationships are what we do at Next Step. We *walk with* our clients. Relationships are woven into all of the services we offer: through our Earn While You Learn program clients can learn about establishing healthy relationships with friends, spouses, children... our Post Abortion Healing Groups find healing in-part by understanding the relationship with lost babies. First Step focuses on healthy and safe relationships among peers and friends.

Ultimately, Next Step has always been about recognizing the client as an individual: not a number, not a statistic, not another name on the schedule. Our new name helps encompass this and reminds us of why we are here and serving Union county and eastern Oregon. We are here to equip women and families to be successful. How do we do that? By building relationships and walking with our clients. We are excited to see how Next Step will continue to grow and expand in the coming years as we explore new services and continue serving this community.

*We are excited to share our new colors with you on this one-time color copy newsletter!

Do you have an Amazon Account?

Support us through Amazon Smile!

Amazon smile is a unique program allowing 0.5% of eligible purchases to be donated to a chosen charity at no additional cost to the consumer. If you have an Amazon account we invite you to support Next Step PRC! All you need to do is place your orders through Amazon Smile instead of the traditional Amazon page. You don't even need to create a new Amazon account. Setup is easy; just use the URL below to automatically select us as your charity:

<https://smile.amazon.com/ch/94-3179479>

You may also go to <https://smile.amazon.com> or search for "Amazon Smile" with your preferred search engine (such as Google). Once on the Amazon Smile page, you will be prompted to enter your preferred charity. Search for "Next Step Pregnancy and Relationship Center" and make sure to select the option that says, "La Grande, OR."

Thank you for choosing to support Next Step PRC!

